



# Financial Wellness

## Special Saturday Class

The Financial Wellness class is conducted in a non-judgmental, helpful and confidential manner. No matter your age, educational background or financial situation, Ben Helgren, Financial Skills Coach, is here to help you realize your goals and calm your financial stress.

### Bring peace of mind back to your life by learning to:

- Make small adjustment in your spending to save money
- Check your credit and fix credit challenges
- Find a realistic budget for your family
- Avoid bank fees
- Calculate interest charges

- ▶ **Special Two Saturday Class Series.**
- ▶ **You must attend both classes to graduate.**
- ▶ **April 17, 2010 and April 24. 10AM—3PM**
- ▶ **Contact Ben Helgren to make reservation.**



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**Free Service!**  
**Class Reservation**  
**Required**